PRICES

Pay as you go

1:1	1 hour	**£35**
1:1	30 minutes	**£20**
Partner, for two	1 hour	**£50**
Small group, 3 to 6	1 hour, each	**£15**

Monthly: four weeks, paid up front

Twice a week	1:1, 8 sessions	**£260**
Three times a week	1:1, 12 sessions	**£360**
Four times a week	1:1, 16 sessions	**£440**
Five times a week	1:1, 20 sessions	**£500**
Partner, twice a week	For two, 8 sessions	**£380**

Flexible

Block of 10	1:1, use within 12 weeks	**£330**

Online

Online coaching	A month	**£85**
Hybrid	A month: one 1:1 a week, the rest online	**£199**

Your first conversation is free, and there's no obligation to book. Call or text 07539 512086, or go to www.wynterfitness.com/book